



Dear Friends,

Welcome to the Holistic Child Health Newsletter.

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

Lawrence B. Palevsky, MD

ACTION ALERT

From Autism Action Network:

**New York
Take Action!!**



Please write a letter to the New York Regents...

What is the repeal doing to your children and family?

Families affected by the repeal of the religious exemption from vaccine mandates to attend school in New York must be actively working on all opportunities to regain our children's right to an education. And that includes the New York Board of Regents, the appointed Board that sets education policy for all schools in New York.

Show Your Support!

Please come to the next board of Regents meeting on Monday, September 9, at 89 Washington Avenue in Albany, directly across the street from the Capitol Building. We need to show up in numbers like we did for the oral arguments in Albany on August 14. Bring friends, family and your kids. Wear a white shirt. And bring a picture you can leave behind of your children who are soon to be, or already are, exiled from school.

Further Action

And as soon as possible please write a polite letter to the Regents describing how denying an education to your children will do irreparably harm to them and your family. If you wrote an affidavit for the Sussman trial you can use that as a model.

Everybody in the state should snail mail and email copies of your letter to Chancellor Betty Rosa, Vice Chancellor T. Andrew Brown, and all the Members at Large (Reyes, Young, Norwood and Cottrell.) Then check below to see which Regent represents your county and mail and email copies to her or him as well.

Note: Chancellor Rosa is the Regent for Judicial District 12, which is the Bronx, and Vice Chancellor Brown is the Regent for the 7th Judicial district (check below for the exact counties in the Rochester area,)

Regents' Addresses:

Betty A. Rosa

Chancellor, 12th Judicial District, Bronx County
Regents Office
State Education Building
89 Washington Avenue
Albany, NY 12234
Regent.Rosa@nysed.gov

T. Andrew Brown

Vice Chancellor, 7th Judicial District, Wayne, Monroe, Livingston, Ontario, Yates, Seneca, Cayuga, Steuben Counties
925 Crossroads Building
Two State Street
Rochester, NY 14614
Regent.Brown@nysed.gov

Luis O. Reyes

Member, Member at Large
Regents Office
State Education Building
89 Washington Avenue
Albany, NY 12234
Regent.Reyes@nysed.gov

Lester W. Young, Jr.

Member, Member at Large
55 Hanson Place, Suite 400
Brooklyn, NY 11217
Regent.Young@nysed.gov

Wade S. Norwood,

Member at Large,
74 Appleton Street
Rochester, NY 14611
Regent.Norwood@nysed.gov

James E. Cottrell, MD

Member, Member at Large
SUNY Downstate Medical Center
450 Clarkson Avenue - Box 6
Brooklyn, N.Y. 11203-2098
Regent.Cottrell@nysed.gov

Find below which Regent represents your county and mail and email her of him a copy of your letter.

Manhattan, Nan Eileen Mead

Member, 1st Judicial District, Manhattan/New York County
116 West 32nd Street, 6th Floor
New York, NY 10001
Regent.Mead@nysed.gov

Brooklyn, Kathleen M. Cashin

Member, 2nd Judicial District, Brooklyn/Kings County
Regents Office
State Education Building
89 Washington Avenue
Albany, NY 12234

Regent.Cashin@nysed.gov

Josephine Victoria Finn

Member, 3rd Judicial District, Schoharie, Albany, Rensselaer, Greene, Columbia,
Sullivan and Ulster counties

Regents Office

State Education Building

89 Washington Avenue

Albany, NY 12234

Regent.Finn@nysed.gov

Beverly L. Ouderkirk

Member, 4th Judicial District, Washington, Saratoga, Montgomery, Schenectady,
Fulton, Hamilton, Warren, Essex, Clinton, Franklin, St. Lawrence counties

303 Main Street

Morristown, NY 13664

Regent.Ouderkirk@nysed.com

Elizabeth S. Hakanson

Member, 5th Judicial District, Jefferson, Oswego, Onondaga, Oneida, Lewis, and
Herkimer Counties

Regents Office

State Education Building

89 Washington Avenue

Albany, N.Y. 12234

Regent.Hakanson@nysed.gov

Susan W. Mittler

Member, 6th Judicial District, Delaware, Otsego, Madison, Chenango, Cortland,
Broome, Tompkins, Tioga, Schuyler, Chemung counties

Regents Office

State Education Building

89 Washington Avenue

Albany, NY, 12234
Regent.Mittler@nysed.gov

Catherine Collins

Member, 8th Judicial District, Chautauqua, Cattaraugus, Allegany, Erie, Wyoming,
Genesee, Orleans, Niagara counties
508 Main Street
Buffalo, NY 14202
Regent.Collins@nysed.gov

Judith Johnson

Member, 9th Judicial District, Westchester, Rockland, Orange, Putnam, Dutchess
counties
Regents Office
State Education Building,
89 Washington Avenue
Albany, NY 12234
Regent.Johnson@nysed.gov

Long Island, Roger Tilles

Member, 10th Judicial District, Nassau and Suffolk Counties
Lorber Hall, Room 211
Long Island University Post
720 Northern Boulevard
Brookville, NY 11548
Regent.Tilles@nysed.gov

Queens, Judith Chin

Member, 11th Judicial District, Queens County
Regents Office
State Education Building
89 Washington Avenue,

Albany, NY 12234
Regent.Chin@nysed.gov

Staten Island, Christine D. Cea

Member, 13th Judicial District, Staten Island/Richmond County
Regents Office
State Education Building
89 Washington Avenue
Albany, NY 12234
Regent.Cea@nysed.gov

Please share this message with friends and family, and please share on social networks while we still can.

NY STATE EXEMPTION NEWS

From Autism Action Network:

NYDOH Releases "Emergency" Regulations Limiting Medical Exemptions... Bypasses Normal Review Procedure and Public Comment



Recently the New York State Department of Health (NYSDOH) issued new emergency regulations concerning medical exemptions from vaccine mandates to attend school. The regulations were made public late on a Friday afternoon in August, the time guaranteed to avoid as much media and public attention as possible. Policy analysts, lawyers and physicians associated with the Autism Action Network and Children's Health Defense are reviewing the 28-page document and will report our analysis of the new regulations on soon.

Read the regulations here:

<https://on.ny.gov/2Zxc2HU>

NYSDOH is clearly trying to further undermine Public Health Law Section 2164, Paragraph 8, which gives New York physicians the authority to issue medical exemptions to vaccine mandates to attend school, which reads:

“If any physician licensed to practice medicine in this state certifies that such immunization may be detrimental to a child’s health, the requirements of this section shall be inapplicable until such immunization is found no longer to be detrimental to the child’s health.”

Preliminary review of the regulations indicate several key intentions:

Restrict medical exemptions, The regulation seeks to limit contraindications for a medical exemption to those identified by the Advisory Committee on Immunization Practices (ACIP), an appointed federal board of representatives of the main institutions in the vaccine industry, including federal agencies and private trade groups such as the American Academy of Pediatrics. The only contraindication allowed by the ACIP for the vast majority of vaccines is a documented case of anaphylaxis resulting from a prior injection.

Consolidate medical exemption approval in the NYS and NYC Departments of Health. The broad authority given to physicians to write medical exemptions and schools to accept them obvious in the letter of the law is overridden with consolidation of the authority to reject or accept medical exemptions to bureaucrats in the New York City or New York State Departments of Health.

Increase barriers to submitting titer tests in lieu of vaccinations, Regulations concerning titers tests as a substitute for vaccines are made more restrictive. Some appear nonsensical. Serological testing is required for all three types of polio, even though titer testing is no longer available in the US for type 2 polio according to an NYSDOH letter of June 6, 2017 See: <http://bit.ly/2MHTSx7>

Type 2 polio has not been included in polio vaccines globally since 2016 following the declaration that type 2 was eliminated in the wild by the Global Commission for the Certification of Poliomyelitis Eradication. See: <http://bit.ly/326DJoL>

It is unclear why these regulations cannot be considered in the usual way which allows for public comment. A statement from NYSDOH refers to the repeal of “non-medical” exemption even though the exemption repealed in New York was specifically a “religious” exemption. It further says that New York is “currently

experiencing” an outbreak of measles even though no cases of measles have been reported in New York so far in August. See: <https://on.ny.gov/2ZwbwKk>

Autism Action Network will be sending a fuller analysis of the new regulations soon.

Please share this message with friends and family, and please post to social media while we still can.

Powerful letter by Rabbi Green

Rabbinic reaction to recent events in New York State:

Jewish law, called halacha, prioritizes Torah education above all else.

In addition to the Biblical commandment to teach one’s own children, the Torah education of children is a communal obligation. This halachic requirement applies to every single Jewish community without exception.[1]

The education of children transcends all other communal obligations. It supersedes all other Biblical commandments, including the construction of the Holy Temple of Jerusalem, the holiest shrine in Judaism.[2]

All Jews, even those who have no children or whose children are grown, are equally responsible to ensure that every Jewish child in their community receive a proper Torah education.

In halacha, the education of children reigns supreme. Normal laws of infringement or town ordinances do not apply to it. No one has the right to interfere with the education of children. No one is permitted to prevent children from attending a class with the teacher of their parents’ choice,[3]even if there are other schools nearby. A teacher is not permitted to neglect his students, and may not deny a student entry, even if the child is not grasping his studies.[4]Any teacher who neglects his students due to other preoccupations, or due to lack of sleep or nutrition, or for any reason, is

strongly condemned by halacha. The Biblical proscription “Cursed be he who performs the Lord's work deceitfully”[5] is invoked upon this errant teacher. The only reason a teacher is exempted from teaching a student is actual illness of the student or teacher.[6] Actual illness, not theoretical illness based on statistical constructs or probabilities.

In halacha, any town or community that doesn't provide Torah education to its children is excommunicated until they hire teachers for all children six years old and older. And if they refuse, then the community is to be destroyed (!) and its inhabitants must move away, since the world only exists in the merit of the Torah studied by young children in their teacher's class![7]

Our sages taught that the Holy Temple in Jerusalem[8] was destroyed because children were prevented from studying Torah and attending their teachers' classes. [9]

The destruction of Jerusalem 1950 years ago is the single-most traumatic and cataclysmic event in Jewish history which we continue to mourn to this day, perhaps more so than the recent Holocaust in which six million of our people were murdered, including 1.5 million Jewish children.

Children being prevented from studying Torah is a destruction that is on par with, and perhaps even worse than, the destruction of Jerusalem and all the collective trauma that our people have experienced since then.

Our ancestors risked their lives throughout history to teach Torah to Jewish children, even in the face of harsh oppression. From the Seleucid Greeks, to Rome in Hadrian's times, up until quite recently in the former Soviet Union, cruel regimes attempted to uproot our religion by banning the teaching of Torah to children. And in each of these bitter periods in our history, heroic Jewish men and women sacrificed their lives to teach Torah to their young.

Interfering with Jewish children's ability to attend Torah classes is worse than preventing Jews from attending a synagogue, or from observing any religious ritual. As mentioned above, a Torah class of children may not be interrupted for any reason, even to construct the Holy Temple.

Coercing me to exclude Jewish children from my class, school or synagogue, is a gross violation of my First Amendment rights. It is asking me to violate my religion in the most egregious and unacceptable way.

It is downright un-American, an abomination to everything this great nation stands for. It flies in the face of all the freedoms we hold dear.

As a rabbi and teacher, I am required by my faith to accommodate every single Jewish child in my community, regardless of parents' ability to pay, and irrespective of any parental choices that pertain to the child's health care.

It is irrelevant to me if a child is fully vaccinated or not, or whether the parents' reasons for not vaccinating are valid or invalid according to New York State health officials.

Personally, I might agree that they ought to be vaccinated, but that is irrelevant to my capacity as a Torah teacher. I cannot bar a child from attending a Torah class, or from participating in any educational program we offer in our community.

The very notion (of preventing a child from studying Torah with other children) is an anathema in my faith, the antithesis of my deepest-held religious values, and a betrayal to my commitment to the Torah and my community. It is an egregious betrayal to my holy ancestors, due to whose perseverance and devotion to Jewish education we are here today.

It is unreasonable for New York State to expect me to bar children from attending classes and programs at my school and/or synagogue.

Even if this new ordinance were to affect one single child, it would unthinkably verboten for me, but is even more appalling considering the fact that it affects scores of families and children in my community.

Moreover, it disrupts my class, my school, my community. It affects the peers of those children being excluded. It adversely affects our schools and causes them financial harm, as they have hired teachers for more children.

In short, it will have a disastrous and deleterious effect on my community. I fear it

will cause irreparable harm to the greater Jewish community in New York. But all that aside, it is squarely against my religion.

The only halachically-valid reason to exclude a child from school, as I mentioned above, is actual illness of the student, or if the student poses an actual and present danger to other children. An imagined and anticipated danger (in event the child contracts a disease in the future) is not sufficient grounds to exclude a child in the present. In halacha, only actual life-threatening danger would permit me to exclude a Jewish child from studying Torah. A healthy child may not be excluded. How much more so if a child is not vaccinated for diseases which aren't even contagious to others, like Tetanus, Hepatitis B, and HPV.

While I might personally appreciate the State's efforts to encourage herd immunity and to promote vaccination in attempt to protect all children from any or all preventable diseases, my religion simply does not allow government policy to prevent a Jewish child from attending Torah classes with other children. As a rabbi and community leader, I must protest and resist this oppressive enactment in the strongest of terms.

Moreover, I strongly encourage all my rabbinic and lay-leader peers to do the same. I cannot and will not remain silent.

It is an unspeakable violation of our First Amendment.

If this shameful law remains in effect, I will have no choice but to encourage civil disobedience and noncompliance. My religion and my holy forebearers would expect no less of me. Please understand my predicament. I am not a contentious person, but simply standing up for my religious rights.

It is my fervent hope that sanity will return to the legislature of the State of New York and that truth and peace shall prevail.

Sincerely,
Rabbi Michael Green
Westborough, MA

Notes:

[1] Talmud, Bava Basra 21a

[2] Code of Jewish Law, Yoreh Deah, 245:13.

[3] Bava Basra 20b. Mishneh Torah, Laws of Talmud Torah 2:7.

[4] Yoreh Deah ibid 245:9

[5] Jeremiah 48:10. Yoreh Deah ibid 245:17.

[6] Code of Jewish Law, Choshen Mishpat 334:4.

[7] Talmud, Shabbat 119b, Mishneh Torah, Laws of Talmud Torah 2:1. Yoreh Deah ibid 245:7.

[8] Judaism's holiest and central shrine which all Jews worldwide pray towards three times daily

[9] Shabbat ibid: "Rav Hamnuna said: Jerusalem was destroyed only because schoolchildren there were interrupted from studying Torah, as it is stated: '[And I am filled with the wrath of God, I cannot contain it], pour it onto the children in the street...' (Jeremiah 6:11). Rav Hamnuna explains: What is the reason that the wrath is poured? It is because 'children are outside in the streets' and are not studying Torah.

Vaccinations in New York: Thousands rally outside Albany courthouse to oppose new law

<http://bit.ly/2NBBvJX>



From Autism Action Network:

**More Action You Can Take
New Yorkers!**

The New York Exodus Begins

Religious persecution and medical apartheid drive NYers from their homes

Recently we received word from two upstate New York families who as a consequence of the repeal of the religious exemption from vaccine mandates to attend school, have put their homes up for sale, and both families, coincidentally, are moving to South Carolina. We have heard from many families who are talking about moving, but this is two actual listings in one day. And many more are sure to come.

These are young, intact families, hardworking people engaged in their communities. One of the families celebrated the birth of a daughter this week. And they see no future for themselves or their children in the State of New York.

People leaving upstate NY is nothing new. Hundreds of thousands of upstate New Yorkers have left for economic reasons. But these families have secure jobs. They are fleeing something new: state-sanctioned religious persecution, and medical apartheid. Our governing class has created something new: religious refugees fleeing New York.

Population loss was once a problem confined to the upstate rustbelt and farming areas. Now it is statewide according to information released this spring by the US Census Bureau. New York City, Long Island and Westchester are all losing population. People continue to vote with their feet. And now we have one more reason to leave. Never mind what may be in store for us.

If you are leaving New York because of the repeal of the religious exemption, please let us know. Please contact John Gilmore at jgilmore@autismactionnetwork.org. Your information will be kept strictly confidential. If you aren't worried about confidentiality, contact your Assemblymember, State Senator and the Governor's office and let them know that you are leaving and why.

<http://bit.ly/3oG43Wj>

VACCINE VIEW

The REAL History of Polio – 20 Things You Didn't Know

<http://bit.ly/2ZxpZSd>

Harvard Lawyer's Vaccine Injured Son

<http://bit.ly/2ZyMLsM>



The Medical Police State Metastasizes to FL: SB 64 Removes Religious Exemption for Vaccination, Threatens Medical

<http://bit.ly/2Zx6ZHt>

Global Vaccine Action Plan 2011–2020

The Global Vaccine Action Plan (GVAP) is a framework approved by the World Health Assembly in May 2012 to achieve the Decade of Vaccines vision by delivering universal access to immunization. The mission outlined in the GVAP is straightforward: improve health by extending by 2020 and beyond the full benefits of immunization to all people, regardless of where they are born, who they are, or where they live.....

Read More Here:

<http://bit.ly/2zr2OOP>

EXPOSING EMFS

California: Bees Drop Dead Around 5G Towers

<http://bit.ly/2Hxd8t3>



DR LARRY IN THE MEDIA

Watch and listen here to the whole event

Cornerstones of Freedom Censorship Conference



On April 6th, an event interpreting the current climate on censorship, our rights, and how we must collectively defend our civil liberties took place in New Jersey. It featured speakers from across the country who inspired people to take action and combat the un-American forces of censorship threatening free speech.

Dr Palevsky was one of the Featured Expert Speakers at this event and his presentation can be seen at 1:22:30 in the recording.

<http://www.firstfreedom.org>

Don't Miss:

**Dr. Palevsky Speaks About Best Pediatric Practices
on 'The HighWire' Podcast**

.....and many other interviews and appearances on Dr Palevsky's

Website Media Page:

<http://bit.ly/2DDaY9b>



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Join Dr Palevsky on his Facebook page today....browse important articles, scientific papers, and medical information shared for your interest, with added comments from the doctor. Click on the icon above and please feel free to share the link.

ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care out-patient department at Bellevue Hospital, NYC, from 1990-1991. Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.



Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association. He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm. Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.

For more information, or to contact Dr. Palevsky go to: www.drpalevsky.com

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Thank You for subscribing to the
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If you would like to contact us, please feel free to do so.
We are happy to hear from you.

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